

NLI RETREAT
Thursday, September 23, 2010
10 am – 8:00 pm
Tucker Hall
Roslyn Retreat and Conference Center

FELLOWS' AGENDA

10:00 am	Welcome and Retreat Overview	Denise Daly Konrad, MS NLI Director
		Amy Gillespie, RN, MSN, EdD NLI Nurse Leadership Advisor
10:45 am	Leadership Development	Judith G. Berg, RN, MS, FACHE VP, Nursing Communications & Initiatives Gannett Healthcare Group
12:30 pm	Lunch @ Dining Hall	
1:15 pm	Leadership Development	Judith G. Berg, RN, MS, FACHE VP, Nursing Communications & Initiatives Gannett Healthcare Group
4:00 pm	NLI Logistics	Denise Daly Konrad, MS NLI Director
		Amy Gillespie, RN, MSN, EdD NLI Nurse Leadership Advisor
4:30 pm	Check-in	
5:00 pm	Welcome Reception	Jeffrey S. Cribbs, Sr. President and Chief Executive Officer Richmond Memorial Health Foundation
		Fellows Guests NLI Staff
6:00 pm	Dinner @ Dining Hall	
7:00 pm	Management vs. Leadership: How has your professional life changed?	Christopher M. Carney, MHA Chief Executive Officer Virginia Eye Institute
		Trustee Richmond Memorial Health Foundation

RETREAT OBJECTIVES

- Demonstrate effective interpersonal relations (e.g., integrity, trust, diplomacy, negotiation skills)
- Demonstrate effective written, oral communication, and presentation skills
- Balancing professional and personal pursuits
- Effectively managing time and stress
- Using systems thinking to define problems, generate possible solutions and identify opportunities
- Understanding the staff perspective in organizational settings (e.g., frame of reference by discipline and role)

NLI RETREAT
Friday, September 24, 2010
8:30 am – 4:00 pm
Tucker Hall
Roslyn Retreat and Conference Center

FELLOWS' AGENDA

8:00 am	Breakfast @ Dining Hall	
8:30 am	Class of 2011 Photos	
9:15 am	Personal Communication	Judith G. Berg, RN, MS, FACHE VP, Nursing Communications & Initiatives Gannett Healthcare Group
12:30 pm	Lunch @ Dining Hall	
1:00 pm	Personal Communication	Judith G. Berg, RN, MS, FACHE VP, Nursing Communications & Initiatives Gannett Healthcare Group
1:45 pm	NLI Logistics	Denise Daly Konrad, MS NLI Director Amy Gillespie, RN, MSN, EdD NLI Nurse Leadership Advisor
3:00 pm	Caring For Ourselves That We May Care for Others	Jo Wheeler Robins, RN, PhD, ANP-BC, AHN-C, CHTP Assistant Professor VCU School of Nursing
3:45 pm	Next Steps, Wrap-up and Reflection	Denise Daly Konrad, MS NLI Director Amy Gillespie, RN, MSN, EdD NLI Nurse Leadership Advisor

NLI RETREAT
Thursday, October 21, 2010
12 pm – 8:30 pm
Gibson Hall
Roslyn Retreat and Conference Center

FELLOWS' AGENDA

12:00 pm	Welcome and Preceptorship Overview (concurrent sessions)	Denise Daly Konrad, MS NLI Director
		Amy Gillespie, RN, MSN, EdD NLI Nurse Leadership Advisor
12:30 pm	Lunch @ Dining Hall	
1:15 pm	<i>Five Principles of Effective Leadership</i>	Fellows Preceptors
2:15 pm	Project Management	Sandy McCleaf, MBA Director, Project Management Office MedVirginia/Central Virginia Health Network
		Anne Landry, MT(ASCP), PMP Project Manager MedVirginia/Central Virginia Health Network
3:30 pm	Preceptor – Fellow Working Session	Fellows Preceptors
5:30 pm	BREAK	
6:00 pm	Dinner @ Dining Hall	
7:00 pm	Your Role in Recruitment and Retention	Amy Chenowith, RN, BSN, MA Manager, New Graduate Program UVA Health System
8:30 pm	Fire pits @ Goodwin Lodge	

RETREAT OBJECTIVES

- Creating, participating in and leading teams
- Creation of an organizational climate that supports positive patient outcomes and retention of good nurses
- Promoting and managing change
- Understanding and implementing evidence-based practice
- Managing projects and resources
- Holding myself and others accountable for goal attainment
- Using data, measurement and analysis to analyze needs and performance
- Assessing organizational perceptions of system effectiveness and departmental effectiveness
- Identifying stakeholder needs and expectations
- Using systems thinking to define problems, generate possible solutions and identify opportunities
- Promoting and applying problem-solving philosophies (e.g., CQI, TQM, QA, QM)
- Seeing information from a variety of sources (e.g., benchmarking, articles, colleagues, list serve, web) to stay current with market and industry trends

NLI RETREAT
Friday, October 22, 2010
8:30 am – 12:00 pm
Gibson Hall
Roslyn Retreat and Conference Center

FELLOWS' AGENDA

8:00 am	Breakfast @ Dining Hall	
8:30 am	Change Theory	Amy Gillespie, RN, MSN, EdD NLI Nurse Leadership Advisor
8:45 am	Leading Through Change	Kelly Wood, BSN Director, Emergency Department HCA – Chippenham/Johnston-Willis Hospitals
10:00 am	Nurse Leader's Role in Evidence-based practice	Rebecca Culver Clark, PhD, RN Sr. Director, Nursing Research & Evidence-based Practice Carilion Roanoke Memorial Hospital
11:00 am	Evidence Based Practice Tools	Amy Gillespie, RN, MSN, EdD NLI Nurse Leadership Advisor
11:45 am	Next Steps, Wrap-up and Reflection	Denise Daly Konrad, MS NLI Director Amy Gillespie, RN, MSN, EdD NLI Nurse Leadership Advisor



Inspiring Excellence, Empowering Leaders

NLI RETREAT
Wednesday, November 17, 2010
10:00 am – 8:00 pm
 Tucker Hall
 Roslyn Retreat and Conference Center

FELLOWS' AGENDA

10 am	Welcome and Retreat Overview	Denise Daly Konrad, MS NLI Director Amy Gillespie, RN, MSN, EdD NLI Nurse Leadership Advisor
10:15 am	Leadership Breakthroughs	Denise Daly Konrad, MS NLI Director Amy Gillespie, RN, MSN, EdD NLI Nurse Leadership Advisor Fellows
11:45 am	Applied Human Resources	J. Christopher Turpin, SPHR Vice President, Human Resources Virginia Eye Institute
12:30 pm	Lunch @ Dining Hall	
1:15 pm	Interpersonal communication	Plum Cluverius, PPC Executive Coach Vedere Consulting Fellows
5:30 pm	BREAK	
6:00 pm	Dinner @ Dining Hall	
7:00 pm	Healthcare in the US	Carolyn (Cindy) Watts, PhD Cecil Drain Professor and Director Department of Health Administration Virginia Commonwealth University

NLI RETREAT
Thursday, November 18, 2010
8:30 am – 4:00 pm
Tucker Hall
Roslyn Retreat and Conference Center

FELLOWS' AGENDA

7:30 am	Breakfast @ Dining Hall	
8:00 am	Nursing Regulations and Role of the Virginia Board of Nursing	Jay P. Douglas, RN, MSM, CSAC Executive Director Virginia Board of Nursing
9:45 am	Healthcare in Virginia	Christopher S. Bailey Senior Vice President Virginia Hospital and Healthcare Association
11:00 am	Transforming Care at the Bedside (TCAB)	Lauren Goodloe, PhD, RN, NEA-BC Director, Medical Nursing and Geriatric Services VCU Health System Heather Craven, RN, MS, CMSRN Nurse Clinician, Acute Care Medicine VCU Health System
12:30 pm	Lunch @ Dining Hall	
1:15 pm	Resource Management	Theresa Haller, RN, MSN, MBA, CNAAB-BC Director, Workforce Development and Nursing Operations UVA Health System
3:45 pm	Next Steps, Wrap-up and Reflection	Denise Daly Konrad, MS NLI Director Amy Gillespie, RN, MSN, EdD NLI Nurse Leadership Advisor

RETREAT OBJECTIVES

- Demonstrating effective interpersonal relationships
- Creating an organizational climate that supports positive patient outcomes and retention of good nurses
- Mentoring, advising or coaching others
- Demonstrating effective written, oral and presentation skills
- Assessing organizational perceptions of system effectiveness and departmental effectiveness
- Identifying stakeholders' needs and expectations
- Understanding staff perspective in organizational settings (e.g., frame of reference by discipline and role)
- Understanding workforce issues from an organizational perspective
- Understanding inter-relationships between access, quality, cost, resource allocation, accountability and community
- Understanding funding and payment mechanisms in the healthcare system
- Understanding global healthcare issues, trends and perspectives
- Developing and implementing business plans

NLI RETREAT
Wednesday, February 9, 2011
10:00 am – 8:15 pm
Tucker Hall
Roslyn Retreat and Conference Center

FELLOWS' AGENDA

10 am	Welcome and Retreat Overview	Denise Daly Konrad, MS NLI Director Amy Gillespie, RN, MSN, EdD NLI Nurse Leadership Advisor
10:15 am	Presenting Yourself Professionally as a Communicator	Terri Gaffney, RN, MPA VP, Nursing Communications & Initiatives Gannett Healthcare Group
12:30 pm	Lunch @ Dining Hall	
1:15 pm	Effective Meetings	Beth Nease, RN, MSN, BC Administrative Director, Professional Practice Bon Secours Memorial Regional Medical Center and Richmond Community Hospital
2:15 pm	Presenting Yourself Professionally	Andre' Luck, MBA Employer Services Manager, Career Services Piedmont Virginia Community College
3:15 pm	NLI Responsibilities - Where are we now?	Denise Daly Konrad, MS NLI Director Amy Gillespie, RN, MSN, EdD NLI Nurse Leadership Advisor Fellows
4:15 pm	Nurse Leader as Advocate	Judy Collins, RN, WHNP, FAAN Faculty Emeriti Schools of Medicine and Nursing Virginia Commonwealth University <i>and</i> Immediate Past Chair, Board of Trustees Richmond Memorial Health Foundation Chelsea Savage, MSHA, RN Risk Manager VCU Health System <i>and</i> Assistant Commissioner, Government Affairs Virginia Nurses' Association Deb Zimmermann, RN, MSN Chief Nursing Officer and VP, Patient Care Services VCU Health System <i>Moderator:</i> Becky Bowers-Lanier, EdD, MPH, RN B2L Consulting LLC
5:30 pm	BREAK	
6:00 pm	Dinner @ Dining Hall	
7:00 pm	Leadership Journey Interview	Margaret Lewis, RN, MHA President, HCA Capital Division Senior Executive, HCA Virginia <i>Interviewer:</i> Becky Bowers-Lanier, EdD, MPH, RN B2L Consulting LLC

NLI RETREAT
Thursday, February 10, 2011
8:30 am – 4:30 pm
Tucker Hall
Roslyn Retreat and Conference Center

FELLOWS' AGENDA

8:00 am	Breakfast @ Dining Hall	
8:30 am	Collaboration in a Healthy Work Environment	Dorrie Fontaine, RN, PhD, FAAN Dean, School of Nursing and Sadie Heath Cabaniss Professor University of Virginia
11:30 am	Diversity in the Workplace	Martin N. Davidson, PhD Associate Professor of Business Administration Associate Dean and Chief Diversity Officer Darden School of Business University of Virginia
12:30 pm	Lunch @ Dining Hall	
1:15 pm	Communication Role Plays	J. Christopher Turpin, SPHR VP, Human Resources Virginia Eye Institute
3:15 pm	Next Steps, Wrap-up and Reflection	Denise Daly Konrad, MS NLI Director
		Amy Gillespie, RN, MSN, EdD NLI Nurse Leadership Advisor
3:30 pm	Self Care and Wellness: Caring for Yourself and Others	Jo Wheeler Robins, RN, PhD, ANP-BC, AHN-C, CHTP Assistant Professor School of Nursing Virginia Commonwealth University

RETREAT OBJECTIVES

- Demonstrate effective interpersonal relations (e.g., integrity, trust, diplomacy, negotiation skills)
- Demonstrate effective written, oral communication, and presentation skills
- Balancing professional and personal pursuits
- Effectively managing time and stress
- Creating, participating in and leading teams
- Creation of an organizational climate that supports positive patient outcomes and retention of good nurses
- Promoting and managing change
- Using data, measurement and analysis to analyze needs and performance
- Understanding funding and payment mechanisms in the healthcare system
- Understanding global healthcare issues, trends and perspectives
- Being active in professional societies and memberships
- Understanding and adhering to professional norms and behaviors

Wednesday, April 20, 2011
8:30 am – 4:00 pm
Walker Hall
Roslyn Retreat and Conference Center

FELLOWS' AGENDA

8:30 am	Leadership & Communication: Public Relations, Public Speaking	Terri Gaffney, RN, MPA VP, Professional & Consulting Services Gannett Healthcare Group
	<ul style="list-style-type: none"> • Welcome and Introduction • Fellows' Change Project Oral Presentations 	Fellows
12:30 pm	Lunch @ Dining Hall	
1:15 pm	Fellows' Change Project Oral Presentations (continued)	Terri Gaffney, RN, MPA VP, Professional & Consulting Services Gannett Healthcare Group
		Fellows
3:45 pm	Wrap up/Reflection	Denise Daly Konrad, MS NLI Director
		Amy Gillespie, RN, MSN, EdD NLI Nurse Leadership Advisor

RETREAT OBJECTIVES

- Demonstrate effective written, oral communication, and presentation skills
- Understanding and adhering to professional norms and behaviors

NLI RETREAT
Wednesday, May 18, 2011
8:30 am – 4:00 pm
Walker Hall
Roslyn Retreat and Conference Center

FELLOWS' AGENDA

8:30 am	Leadership & Communication: Public Relations, Public Speaking	Denise Daly Konrad, MS NLI Director
	<ul style="list-style-type: none"> • Welcome and Introduction • Fellows' Leadership Practices Oral Presentations 	Amy Gillespie, RN, MSN, EdD NLI Nurse Leadership Advisor
		Fellows
12:30 pm	Lunch @ Dining Hall	
1:15 pm	Time Management and Setting Priorities	Jada Banks, MEd
2:15 pm	Resilient Leadership	Sallie Eissler, RN, MSN, CPNP Executive Director Mobile Medical Service Kaiser Permanente <i>and</i> President Virginia Nurses Foundation
3:30 pm	End of Year Evaluation and Reflection	
4:30 pm	Recognition of Fellows <i>The Bishop's Chapel @ Roslyn</i>	<i>Invited Speaker:</i>

RETREAT OBJECTIVES

- Demonstrate effective written, oral communication, and presentation skills
- Understanding and adhering to professional norms and behaviors
- Balance professional and personal pursuits

4:30 – 5:30 NLI Class of 2011 Recognition Ceremony and Reception